



Standard (with drops) Post-Operative Eye Surgery Instructions

Patient: _____ DOB: _____

Return on _____ @ _____ with Dr. _____

- No driving, operating machinery or appliances or making any important decisions for 24 hours.
- Take all of your eye drops to your appointment tomorrow.
- You may resume your normal activities tomorrow.
- Do not rub your eye.
- Wear eye shield until rechecked post surgery. You may remove and instill eye drops as directed but replace immediately. Wear the shield at bedtime for one week.
- You may take a bath or shower, but no soap or water in the eye for one week.
- No bending, lifting, or strenuous activity for one week.
- No swimming pools, hot tubs, or spas for two weeks.
- You may resume your normal diet, routine medications, and prescription eye drops today, unless otherwise instructed.

Start the drops below the day of surgery – one drop to the operative eye.

Please wash your hands before instilling the eye drops.

- Prednisolone (pink or white cap) - every 2 hours while awake the first day
Then 4 times a day for 1 week,
3 times a day for 1 week,
2 times a day for 1 week,
1 time a day for 1 week, then stop.
- Ketorolac (gray cap) - 2 times today; then 2 times a day for 4 weeks.

Special Instructions:

- Because of the medication that was injected in your eye, you will notice a white patch below your eyelid. This patch is going to provide the medication your eye needs to heal over the next few weeks.
- Your vision will be blurry today. You may also feel scratchy and irritated. This is normal and will improve as your eye heals. You may start using artificial tears after two days. You may take Tylenol or Ibuprofen for your discomfort if needed

Please contact your eye doctor at any time if you are having any problems such as:

- Pain not relieved by medications
- Excessive and/or severe floaters that worsen suddenly
- Blind areas in your vision
- Flashes of light
- Increasing redness of the eye

*If you experience a medical emergency, call 911 or go to your nearest emergency room.
Any questions or concerns, call our Surgical Coordinator, Danielle, @ 724-766-0986 ext 3*