



BATCHELET EYE
— SURGICAL SOLUTIONS —

PREPARING FOR SURGERY

Lid Hygiene-

The purpose of lid hygiene is to soften crusts and loosen oil and debris that cause infection.

Begin Lid Hygiene steps 2 weeks before surgery date.

Follow the three steps below for lid hygiene:

1. WARM COMPRESSES- TWICE DAILY

Wrap the gel eye mask in a paper towel and heat in the microwave for 10 seconds. Repeat until the pack is moderately heated. Place the heated pack over closed eyelids for 5-10 minutes. (Be careful NOT to overheat to avoid burns.)

2. LID SCRUBS- EVERY OTHER DAY

Use a washcloth and dip it in a mild shampoo (like Johnson's Baby Shampoo). Since the shampoo is mild and should not irritate your eyes, gently scrub your closed eyelids and eyelashes. Rinse thoroughly with warm water.

3. TEARS- TAKE AT MEALTIMES (3x per day)

Please use over-the-counter PRESERVATIVE FREE artificial tears.